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| Background | <p>The recovery premium provides additional funding for state-funded schools in the 2022 – 2023 academic year. Building on the pupil premium, this funding will help schools to deliver evidence-based approaches for supporting disadvantaged pupils.</p> <p>Our role in school is to ensure that the children are able to manage times of change and stress, be resilient, are supported to reach their potential and access help when they need it. We also have a role to ensure that pupils learn about what they can do to maintain positive mental health, what affects their mental health, how they can help reduce the stigma surrounding mental health issues and where they can go if they need help and support.</p> | |
| Aim | <p>Our aim is to help develop the protective factors which build resilience to mental health problems and be a school where</p> <ul style="list-style-type: none"> • All pupils are valued • Pupils have a sense of belonging and feel safe • Pupils feel able to talk openly with trusted adults about their problems without feeling any stigma • Positive mental health is promoted and valued • Bullying is not tolerated • Staff are trained to support pupils to reach their potential and access help when they need it. | |
| Barriers | <p>External barriers:</p> <ul style="list-style-type: none"> • Low Income and living in deprived area • Homelessness • Disaster, accidents, war or other overwhelming events • Discrimination • Exploitation, including by criminal gangs and organised crime groups, trafficking, online abuse, sexual exploitation and the influences of extremism leading to radicalisation • Other significant life events | <p>Internal barriers:</p> <ul style="list-style-type: none"> • Bullying including online (cyber) • Discrimination • Breakdown in or lack of positive friendships • Deviant peer influences • Peer pressure • Peer on peer abuse • Poor pupil to teacher/school staff relationships |

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| Objectives | <p>We want all children/young people to feel</p> <ul style="list-style-type: none"> • confident in themselves • be able to express a range of emotions appropriately • be able to make and maintain positive relationships with others • cope with the stresses of everyday life • manage times of stress and be able to deal with change • learn and achieve |
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| Objective/Action | Rationale | Success Criteria | Lead/Cost | Review |
|--------------------------------------|--|--|----------------------------|--------|
| Mental health and well-being support | <ul style="list-style-type: none"> • Employ a Mental Health Team • Individual targeted sessions with pupils • DBT sessions individually and in groups • Staff Training | <ul style="list-style-type: none"> • Develop pupils' self-esteem and mental well-being. • Increase pupils' levels of attainment. Improve children's resilience and ability to engage with new learning. • Trained Staff | L Emam – (RMN) £9135.00 | |